

THE KOUNTRY KART DELI

155 Main St • Burlington. Call 864-4408 • Fax 864-4488

GRILLED SANDWICHES

All grilled items come on a toasted roll (white, wheat or french*) and are made according to menu description unless otherwise specified. ⌚ = may take a few extra minutes.

DUNN'S MONTREAL SMOKED MEAT

Imported from Montreal – Tender smoked meat served on Rye bread with Swiss, tomatoes, red onion and Dijon mustard. Served with chips and a pickle spear. ONE SIZE 12.95

STEAK 'N BACON

Grilled shaved steak and bacon served with American cheese and mayo. REG 6.95 LG 10.75

MAIN STREET CHEESESTEAK

Grilled shaved steak with sauteed onions, peppers and mushrooms and topped with American cheese. REG 6.95 LG 10.75

CHURCH STREET CHICKEN "PHILLY"

Chopped chicken breast grilled with onions, peppers, mushrooms and topped with American cheese. REG 6.95 LG 10.75

"THE USUAL" CAJUN CHICKEN "PHILLY"

Grilled sliced Cajun spiced chicken breast with peppers, onions, mushrooms and topped with American cheese. REG 6.95 LG 10.75

THOMSON TURKEY GOBBLER

Grilled oven roasted turkey, VT Cabot cheese, homemade stuffing and crisp apple slices with cranberry mayonnaise. ONE SIZE 10.25
ADD BACON 2.00 ADD AVOCADO 2.00

CAJUN CHICKEN BLTO

Cajun chicken breast served with crisp bacon, lettuce, tomato, onion and garlic mayo. REG 7.25 LG 11.50

CHICKEN PARMESAN ⌚

Breaded chicken tenders fried and topped with marinara sauce and Provolone cheese. REG 6.95 LG 10.75

THE GRILLED CHICKEN SANDWICH

Boneless chicken breast served with lettuce, tomato, red onion, garlic mayo. REG 6.95 LG 10.75

CHICKEN TENDER SUB ⌚

Breaded chicken tenders fried and served with lettuce, tomato, red onion and topped with garlic mayo. REG 6.95 LG 10.75

BOX O' CHICKEN ⌚ Chicken tenders served with choice of ranch dressing, garlic mayo, sweet & sour or BBQ sauce. (5) 7.75 (8) 10.75

THE MAHONEY ⌚ Chicken tenders with mozzarella sticks, bacon, lettuce, tomato, onion and Chipotle mayo. REG 7.75 LG 11.50

MEATBALL PARMESAN Slow cooked meatballs in marinara sauce and topped with melted Provolone cheese. REG 6.95 LG 10.75

GREEK GYROS Traditional (lamb/beef), chicken or Cajun chicken served on a Greek pita with lettuce, tomato, red onion and tzatziki sauce. ONE SIZE 9.75

SPECIALTY MELTS

White, Whole Wheat, or NY Rye

KOB ROAST BEEF MELT Sliced roast beef grilled with cheddar cheese, sauteed mushrooms and garlic mayo. REG 6.75 LG 10.75

BBQ TURKEY MELT Sliced turkey breast grilled with VT Cabot cheddar cheese, tomato, red onion & BBQ sauce. REG 6.75 LG 10.75

REUBEN ON RYE Grilled pastrami or turkey, sauerkraut, 1,000 island dressing, topped with melted Swiss cheese on Rye. ONE SIZE 9.75

THE STRAMI MELT Grilled pastrami topped with melted Swiss cheese, served on Rye bread with tomato, red onion and Dijon. ONE SIZE 9.75

TUNA MELT Tuna fish, tomato, red onion on your choice of grilled cheese sandwich. ONE SIZE 9.75
ADD AVOCADO 11.75

THE SARAH JANE Your choice of grilled cheese with pepperoni and homemade marinara sauce. ONE SIZE 9.75

SPECIALTY WRAPS

Plain, Whole Wheat, Spinach, Garlic-Herb, or Tomato-Basil

TURKEY, AVOCADO & BACON

Sliced turkey, crispy bacon with fresh avocado, lettuce, tomato, and red onion. ONE SIZE 10.75

THE KKD RAPPER

Our house made all white meat chicken salad with crispy bacon, lettuce, tomato, red onion and topped with VT Cabot cheddar cheese. ONE SIZE 10.25

BILL'S BUFFALO CHICKEN

Buffalo chicken tenders with lettuce, tomato, red onion and blue cheese dressing. ONE SIZE 9.95

THE HAIL CAESAR CHICKEN

Grilled chicken breast with Romaine lettuce, Parmesan cheese, croutons, and Caesar dressing. ONE SIZE 9.95
W/ CAJUN SEASONED CHICKEN BREAST 10.25

TURKEY APPLE

Oven roasted turkey breast grilled with slices of apples, lettuce, tomato, red onion, VT Cabot cheddar cheese and honey mustard. ONE SIZE 9.95

HARVEST WRAP

Grilled veggie burger with cheddar, lettuce, tomato, red onion and chipotle mayo. ONE SIZE 9.95

SANDWICHES & SUBS

	Sand/Wrap	6"Sub	12"Sub
THE MIKSTER — Any three cold meats	9.75	7.25	12.50
THE ITALIAN HERO – Salami, Pepperoni and Capicola	9.75	7.25	12.50
ROAST BEEF & BACON	9.50	6.75	11.25
CAJUN TURKEY	9.25	6.25	10.75
TURKEY, AVOCADO & BACON	10.75	7.75	13.50
TURKEY & BACON	9.50	6.75	11.25
HAM	8.75	5.75	10.25
ROAST BEEF	8.75	5.75	11.25
TURKEY	8.75	5.75	10.25
GENOA SALAMI	8.75	5.75	10.25
B.L.T. (Bacon, Lettuce & Tomato)	8.75	5.75	10.25
CHICKEN SALAD	9.25	6.25	10.75
TUNA SALAD	8.75	5.75	10.25
VEGETARIAN	8.75	5.75	10.25
HUMMUS	8.75	5.75	10.25

SUB BREADS: Whole Wheat, White, French*

SANDWICH BREADS: Whole Wheat, White, N.Y. Rye, French*, Bulky Roll, Greek Pita, Gluten Free**

WRAPS: Plain, Whole Wheat, Spinach, Garlic-Herb, Tomato-Basil

CHEESES: American, VT Cabot Cheddar, Swiss, Provolone

KKD TOPPINGS Choose Six: ADD'L KKD TOPPINGS: ADD \$.75

The Works: Lettuce, Tomatoes, Red Onions, Green Peppers, Banana Peppers, Pickles

Black Olives, Jalapenos, Mushrooms, Cucumbers, Carrots

ADD'L TOPPINGS: Bacon or Avocado: ADD \$2.00

CONDIMENTS: Garlic Mayo, Chipotle Mayo, Cranberry Mayo, Mayo, Mustard, Dijon Mustard, Honey Mustard, Ranch, Oil & Vinegar, 1,000 Island, Horseradish

EXTRA BREAD, DRESSING OR CONDIMENT .75¢

* FRENCH 1.25¢ (WHEN AVAILABLE)

** GLUTEN-FREE BREAD \$1.25 (WHEN AVAILABLE)

BREAKFAST- SERVED ALL DAY!

SHINER: Golden hash brown, egg and American cheese on a toasted bulky roll

RISER: Egg, American cheese on a toasted bulky roll

	SHINER		RISER	
TWO MEAT Choice of two: bacon, ham <u>or</u> sausage	REG 6.75	LG 11.50	REG 5.50	LG 9.25
ONE MEAT Choice of bacon, ham <u>or</u> sausage	REG 5.25	LG 10.25	REG 4.50	LG 8.25
NO MEAT	REG 4.80	LG 9.50	REG 4.25	LG 7.25
VEGGIE Choice of three vegetables	REG 5.25	LG 10.25	REG 4.50	LG 8.25
TURKEY Oven roasted turkey	REG 6.25	LG 10.75	REG 5.25	LG 9.25
TURKEY N BACON Turkey breast and crispy bacon	REG 6.75	LG 11.50	REG 6.00	LG 10.50
PHILLY Grilled shaved steak	REG 7.00	LG 11.25	REG 6.00	LG 10.50
STEAK N BACON Grilled shaved steak and bacon	REG 7.50	LG 11.95	REG 6.50	LG 10.50
TOUR DE KART Ham, bacon and sausage	REG 7.50	LG 11.95	REG 6.50	LG 10.50
BARNYARD Steak, bacon, sausage, ham, Taylor Pork roll	REG 8.50	LG 14.25	REG 7.25	LG 12.95
TAYLOR PORK ROLL New Jersey's finest pork roll	REG 7.25	LG 12.25	REG 6.00	LG 10.50
DUNN'S SMOKED MEAT Imported Montreal smoked meat	REG 8.25	LG 14.95	REG 7.25	LG 13.25
EMPTY NEST Ham, bacon and sausage, hash brown, and cheese (no egg)				ONE SIZE 6.50
THE TRIPLE THREAT SHINER Bacon, sausage and ham topped with 3 eggs, 3 hash browns and 3 layers of cheese				ONE SIZE 13.25

GOLDEN POTATO HASH BROWN TWO FOR \$3

ADD AVOCADO TO ANY RISER OR SHINER 2.00

ADD EGG TO ANY RISER OR SHINER 1.00

VEGETARIAN FARE

MIKE'S FALAFEL Served in pita with your favorite vegetables and choice of Mike's tahini dressing (vegan) or creamy dill dressing. ONE SIZE 9.25

GRILLED CHEESE Your choice of bread and cheddar, Swiss, American or Provolone cheese. ONE SIZE 5.25

HARVEST BURGER Our homemade Veggie Burger served with lettuce, tomato, red onion and your choice of cheese. ONE SIZE 9.50

HUMMUS Served with choice of works & extras. SANDWICH 9.25
SUB 10.75

PB & JELLY As Mom used to make. ONE SIZE 5.25

SALADS

CHEF SALAD Comes with SEVEN vegetables and choice of:
• Turkey-Ham-Swiss Chef • Tuna Salad Chef • Chicken Salad Chef
• Marinated Grilled Chicken Chef • Cajun Chicken Chef
• Buffalo Chicken Chef • Chicken Tender Chef • Falafel Chef

Vegetable Options: Lettuce, tomatoes, onions, green peppers, carrots, cucumbers, mushrooms, jalapenos, banana peppers, black olives, pickles
REG 7.25 LG 9.75

ADDITIONAL BREAD €.60, ADDITIONAL DRESSING €.60

CHICKEN CAESAR SALAD Grilled chicken breast on Romaine lettuce and croutons served with our classic Caesar dressing and Parmesan. REG 7.25 LG 9.75

TOSSED SALAD Comes with all your favorite vegetables.
REG 5.95 LG 7.95
ADD CHEESE REG .50 LG 1.00

DRESSINGS: Ranch, Golden Italian, Blue Cheese, Caesar, Oil & Vinegar, Balsamic Vinaigrette, Creamy Dill, 1,000 Island and Parmesan Peppercorn.

SALAD TO GO:

- Chicken Salad • Tuna Salad • Hummus Salad,
- Tuna Salad Macaroni Salad • and Potato Salad

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

*All prices subject to 11% tax (9% state and 2% city).
Prices subject to change without notice!*

BURGERS

may take a few extra minutes Unavailable after midnight

THE HOBO BURGER ¼ lb. USDA fresh ground beef grilled with French fries and fried egg on burger. 7.50

BACON AVOCADO BURGER ½ lb. grilled USDA fresh ground beef with bacon, avocado, lettuce, tomato, onion, pickle, and choice of cheese and condiment. 11.25

SANTE FE BURGER ½ lb. grilled USDA fresh ground beef with Cajun seasoning, melted Swiss and topped with Chipotle mayonnaise, lettuce, tomato, red onion and a fried onion ring. 9.50

HARVEST BURGER Our homemade Veggie Burger served with lettuce, tomato, red onion and your choice of cheese. 9.50
ADD AVOCADO 11.50

THE VERMONT ½ lb. REG 7.50
W/CHEESE 8.00
W/BACON & CHEESE 9.25

THE FLATLANDER – ¼ lb. REG 5.90
W/CHEESE 6.25
W/BACON & CHEESE 7.00

HOT DIGGITY DOGS

MICHIGAN DOG spicy hamburg style 3.75

CHEESE DOG or **KRAUT DOG** 3.35

BACON CHEESE DOG 3.75

HOT DOG* 3.00

DOGGY DEALS* 2 plain dogs for 5.75

* additional toppings not available

FRIES, RINGS, MUNCHIES

We only use trans fat-free oil

FRIES – Cooked to order REG 4.25 LG 6.25

CAJUN FRIES – Specially spiced REG 4.25 LG 6.25

ONION RINGS – Beer batter dipped REG 4.75 LG 6.95

MOZZARELLA STICKS with marinara sauce (6) 6.95

WHOLE PICKLE 1.75